| Course Title | Introduction to Psychology |  | Instructor(s) | Dr. Futoshi Kobayashi \& Mr. Jason Adachi |
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|  |  |  | E-mail | fkobayas@miu.ac.jp (Kobayashi) jadachi@miu.ac.jp (Adachi) |
| Class Style | Lecture \& Active Learning |  | Office Hours | Tuesday \& Thursday 15:4517:15 (Kobayashi) <br> TBA (Adachi) |
| Track | Liberal Arts |  | Mode of Instruction | Team |
| Credits | 2 |  | Allocated Year | $1^{\text {st }}$ year, Fall Semester |
| Active Learning | 2-(1) Skits and Dramatic Productions <br> 2-(3) Presentations <br> 5-(1) Cooperative Student Projects |  | Compulsory or Elective | Elective |
| Course Overview | Psychology is a science that explores how we think, feel, and act. This course will introduce students to the fundamental principles and topics in Psychology. Many topics are derived from research methods, psychology of learning, humanistic psychology, social psychology, and other pertinent subfields of psychology. |  |  |  |
| Course <br> Objectives | After successful completion of the course, students will be able to <br> - explain key concepts and terminology of selected topics in psychology. <br> - discuss and present selected psychological phenomena in groups. |  |  |  |
| Prerequisite | None |  |  |  |
| Course <br> Schedule | No <br> 1 | Contents |  | Homework |
|  |  | Introduction \& Unit 1: What is Psychology? (1) |  | Read and comprehend the Unit 1 text. |
|  | 2 | Unit 1: What is Psychology? (2) |  | Prepare for Unit 1 group presentations. |
|  | 3 | Unit 1: What is Psychology? (3) \& Unit 2: Research in Psychology (1) Unit 1 Group Presentations |  | Read and comprehend the Unit 2 text. |
|  | 4 | Unit 2: Research in Psychology (2) |  | Prepare for Unit 1 test. |
|  | 5 | Unit 3a: Learning (Watson \& Pavlov) (1) Unit 1 Test |  | Read and comprehend the Unit 3a text. Prepare for Unit 2 group presentations. |
|  | 6 | Unit 3a: Learning (Watson \& Pavlov) (2) Unit 2 Group Presentations |  | Prepare for Unit 2 test |
|  | 7 | Unit 3a: Learning (Watson \& Pavlov) (3) \& Unit 3b: Learning (Skinner) (1) Unit 2 Test |  | Read and comprehend the Unit 3a text. |
|  | 8 | Unit 3b: Learning (Skinner) (2) |  | Read and comprehend the Unit 3b text. Prepare for Unit 3a test. |
|  | 9 | Unit 3b: Learning (Skinner) (3) \& Unit 3c: Learning (Bandura) <br> (1) Unit 3a Test |  | Read and comprehend the Unit 3c text. |
|  | 10 | Unit 3c: Learning (Bandura) (2) \& Unit 4a: Humanistic Psychology (Abraham Maslow) (1) |  | Read and comprehend the Unit 4a text. |
|  | 11 | Unit 3b: Learning (Skinner) (4), Unit 3c: Learning (Bandura) (3), \& Unit 4a: Humanistic Psychology (Abraham Maslow) (2) |  | Prepare for Unit 3b \& 3c test. |
|  | 12 | Unit 4b: Humanistic Psychology (Carl Rogers) (1) Unit 3b \& 3c Test |  | Prepare for Unit 3 group presentations. |
|  | 13 | Unit 3 (Clinical Application of Learning) Unit 3 Group Presentations |  | Read and comprehend the Unit 4b text. |


|  | 14 | Unit 5: Social Psychology (1) | repare for Unit 4 test. |
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|  | 15 | Unit 5: Social Psychology (2) \& Preparation For Final Exa Unit 4 Test | Prepare for the final examination. |
|  |  | Final Exam (Unit 5 Test \& Unit 4 Group presentations) |  |
| Grading | The final grade will be determined as below. <br> A: 90-100 points <br> B: 80-89 points <br> C: 70-79 points <br> D: 60-69 points <br> F: Less than 60 points <br> Plagiarism <br> Students must submit their own work and not copy from other sources, unless they credit their sources with appropriate referencing. Students caught copying information from other sources and pretending that it is their own work will automatically result in a grade of ' $F$ ' or withdrawal from the course. |  |  |
| Textbooks | Instead of using a standard textbook, handouts will be given in class. |  |  |
| References | None |  |  |
| NOTES | You are expected to be punctual and to attend all lessons. A delay or early departure will be counted as a half ( 0.5 ) day absence. A "delay" means an arrival to the class after the instructor calls rolls. However, any absence, delay, or early departure can be excused if an official document (e.g., doctor's notes) is submitted to your instructor within 7 days of such an occurrence. When you miss a lesson, it is your responsibility to see your instructor afterwards (and perhaps other students who attended the lesson), to find out how to catch up with the work you missed. If you expect to be absent from a forthcoming lesson, you should email your instructor to explain your absence at least one day in advance. The schedule, policies, and procedures in this course are subject to change due to the class progress, weather conditions (e.g., typhoons), etc., and at the discretion of the instructor. <br> A maximum of two (2.0) absences is allowed. More than two absences will automatically result in a grade of $F$ (Fail). |  |  |

